Provider's Name	ABC Academy, LLC		Menu Week #3		Month/Year		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Calendar Date							
Fluid Milk	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]		
Fruit, Vegetable or Full Strength Juice	Bananas	Strawberries	Blueberries	Diced Grapes	Apples		
Bread or Bread Alternate(s)	WG Trix Cereal	Cheddar Cheese Omelette [cn]	WG Biscuit	WG Breakfast Pizza [cn]	WG Breakfast Bites [cn] (turkey sausage wrapped in a pancake)		
Additional Food (Optional)			Turkey Sausage [cn]	Egg, Cheese, Bacon, Sausage on Pizza			
Choose 2 of These 4: Fluid Milk							
Fruit, Vegetable or Full Strength Juice							
Bread or Bread Alternate(s)							
Meat or Meat Alternate							
*** Main Dish:**	Turkey Hotdog [cn]	Mozzarella Stuffed Breadstick [cn]	Pollock Nuggets [cn]	Chicken & Cheese Enchiladas	Turkey & Cheddar Roll-Ups [hm]		
Fluid Milk	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]		
Meat or Meat Alternate	Turkey Frankfurters	Mozzarella Cheese	Fish	Chicken & Cheese	Turkey & Cheddar Cheese		
Vegetable or Fruit	Carrots	Corn	Green Peas	Lima Beans	Fresh Broccoli		
Vegetable or Fruit	Mandarin Oranges in 100% Juice	Peaches in 100% Juice	Pears in 100% Juice	Pineapple in 100% Juice	Fresh Oranges		
Bread or Bread Alternate(s)	WW Hotdog Bun	WG Breadstick	Breading	Corn Tortilla	WW Tortilla Wraps		
Additional Food (Optional)					Ranch		
Choose 2 of These 5: Fluid Milk	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]	Unflavored Milk [whole/ skim]	100% Apple Juice		
Fruit, Vegetable or Full Strength Juice	Pineapple in 100% Juice						
Bread or Bread Alternate(s)		Wheat Thin Crackers	WG Goldfish Crackers		WG Cheddar Sunchips		
Meat or Meat Alternate		Cheddar Cheese Cubes		Nonfat Strawberry Yogurt			

*** Main Dish** Whole milk is served to ages 12-24 months ; Skim milk is served to 2 year olds and up

For all Homemade Main Dishes indicate the recipe number on the menu. Example: Tuna Patties (D-10), Meat Loaf (D-28), Broccoli Quiche (D-08), etc.

For Commercially prepared combination foods and processed packaged meats: indicate 'CN' for Child Nutrition label or 'PS' Product Specification sheet on the menu. Example: Corn dogs (CN), Chicken Nuggets (CN), Beef Patties (CN), etc.